



SOUTHWIND

Health Collective LLC

Name _____ Date of Birth _____

Address _____ City _____ State ____ Zip _____

Phone (h) _____ (w) _____ (c) _____

Email _____ (used for occasional emails from us)

Have you received massage therapy or bodywork before? _____ How did you hear about us? _____

What are you hoping to gain from your session(s)? _____

If you have an injury, please describe _____

Are you under a doctor's care? _____ If so, name of physician _____

Our lotions may contain nut oils. Sometimes we use essential oils. Do you have any allergies that we need to consider when working with you? _____

Please check any of the following that apply to you

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> Skin Conditions | <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Asthma | <input type="checkbox"/> Contact Lenses |
| <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Broken Bones(s) | <input type="checkbox"/> Dentures | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Recent Surgery |
| <input type="checkbox"/> Bleeding/Bruising | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Stress | <input type="checkbox"/> Heart attack/Stroke |
| <input type="checkbox"/> Seizure/Epilepsy | <input type="checkbox"/> Anxiety/Depression | <input type="checkbox"/> Cancer | <input type="checkbox"/> TMJ |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Sinus problems | <input type="checkbox"/> Muscle sprain/strain | |
| <input type="checkbox"/> Respiratory problems | <input type="checkbox"/> Pregnant # of weeks _____ | | |
| <input type="checkbox"/> Contagious Condition | <input type="checkbox"/> Back pain (circle) low middle upper ` | | |
| <input type="checkbox"/> Vertebral Disc Problems (please describe) _____ | | | |

I have completed this form to the best of my knowledge. I understand that a massage is for the purpose of stress reduction, relief from muscular tension or spasm, increased circulation, lymph flow, and energy flow. The massage therapist/bodywork practitioner does not diagnose illness, disease, or any other physical disorder. The therapist does not prescribe medical treatment or pharmaceutical treatment, nor do they perform spinal manipulations. I thoroughly understand that massage therapy is not a substitute for medical diagnosis or care. Because a massage therapist/bodyworker must be aware of existing medical conditions, I have stated all of my known medical limitations and am responsible to keep the therapist updated on my health. I agree to give 24 hours cancellation notice or to pay the cancellation fee established.

Client Signature _____ Date _____ Therapist Initials _____

Parent or Guardian Signature _____